

Fitness Trainers

Fitness Training at Tuscany is exclusively provided by two different trainers:

Vanessa Klepper (female)
(626) 757-2341
Email: Klepper@usc.edu

Val Nolan (male)
(323) 481-9911
Email: vnolan@hotmail.com

Both trainers offer a free introductory session for Tuscany residents.

FAQ's

How much does it cost?

Both 60 and 90 minute sessions are offered. Prices vary based on how many sessions are purchased at a time. Please contact the trainers directly to obtain pricing information.

Are both male and female trainers available?

Yes. If you prefer a male trainer, call Val. If you prefer a female trainer, please call Vanessa.

When are the trainers available?

Both trainers are available 7 days a week. The trainers can work out any schedule you want including nights and weekends. Please contact them directly to work out a time.

How do I pay for services?

Both trainers accept cash or check only. Sorry, no credit cards.

What are the gym hours?

The gym is open 24 hours a day, 7 days a week, 365 days per year.